

— CERTIFICATE —

I RAN  
FOR  
THOSE  
WHO  
CAN'T!



*Anita Gerhardt*

ANITA GERHARDTER  
CHIEF EXECUTIVE OFFICER  
WINGS FOR LIFE

*Colin Jackson*

COLIN JACKSON

INTERNATIONAL SPORTS DIRECTORS  
WINGS FOR LIFE WORLD RUN

*Marc Herremans*

MARC HERREMANS



2024

YUJI  
ARAI

RAN 37.38 KM / 23.23 MI  
IN TOKYO METROPOLITAN 区 JINGU GAIEN  
ON MAY 5, 2024  
FOR WINGS FOR LIFE

GLOBAL  
RANKING  
MALE  
709<sup>TH</sup>

LOCAL  
RANKING  
MALE  
21<sup>ST</sup>

*Congratulations and  
a big thank you on behalf  
of Wings for Life!*

YOUR CONTRIBUTION WILL DRIVE THE NEXT  
STEPS IN SPINAL CORD RESEARCH.

